



**Personal, Social, Health &
Relationships Education
&
Sex Education
Curriculum**

Parent Information Meeting
May 2024



Aims of the meeting

- To share the school's PSHRE and Sex Education Curriculum.
- To share the school's PSHRE & Sex Education Policy.
- To explain our ethos and reasoning behind our PSHRE & Sex Education Curriculum.
- For parents to know exactly what is taught in each year group.
- For parents to know their rights and responsibilities with regards to the teaching of PSHRE & Sex Education.

Our Policy Aims

- Provide a framework in which sensitive discussions can take place;
- Provide children with the building blocks to develop positive and appropriate relationships;
- Provide children with the building blocks and understanding to lead physically healthy lifestyles;
- Prepare pupils for the changes their body will go through, and give them an understanding of sexual development and the importance of health and hygiene;
- Help pupils develop feelings of self-respect, confidence and empathy;
- Create a positive culture around discussion of sexuality and relationships;
- Teach pupils the correct vocabulary to describe themselves and their bodies.

Key staff

Mrs Haken - Head of School & Designated Safeguarding Lead

Mrs Matheson & Mrs Kench - PSHRE subject leads

Mrs Fawell - Science Lead

EYFS Early Learning Goals for PSED

Managing Self ELG

Be confident to try new activities and show independence, resilience and perseverance in the face of challenge;

Explain the reasons for rules, know right from wrong and try to behave accordingly;

Manage their own basic hygiene and personal needs, including dressing, going to the toilet, and understanding the importance of healthy food choices.

Building Relationships ELG

Work and play cooperatively and take turns with others;

Form positive attachments to adults and friendships with peers;

Show sensitivity to their own and to others' needs.

Self-Regulation ELG

Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly;

Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate;

Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

Relationships & Health Education for KS1 & 2 (DfE)

- This is a statutory subject that all children must be taught.
- It includes key themes of:
 - Healthy & caring relationships of all types
 - Consent
 - Puberty (including changes to our bodies)

Sex Education

- Not a statutory subject in Primary Schools
- Primary schools can choose to teach elements of sex education that they feel are relevant for the children in their school.
- At Millhouse we teach elements of sex education in Year 6.

What does it look like at Millhouse?

- All statutory elements are taught.
- Additional non-statutory PSHRE units are included: economic (financial) & environmental.
- In Year 6 there is an additional non-statutory Sex Education unit.
- All units are on our website.
- Our programme of work is a combination of statutory elements and units of work we feel our children need to know about.

Tricky bits!

- There are no specific units on LGBTQ+ but throughout each relationships unit of work we teach that relationships and families are all different, including some families have mum/dad, dad/dad, mum/mum, mum, dad, grandparents.
- Sexual orientation - this is a protected characteristic within the Equality Act and therefore to deny or contest it would be discrimination.
- Harmful Sexual Behaviour - we teach about respect throughout every unit, and this includes safe & unsafe physical contact and online behaviours.
- Consent - throughout the units we talk about boundaries, acceptable contact & respectful, healthy relationships.

Other subjects

Computing

Every year group from 1-6 teaches an online safety unit of work at the start of every year

Science

- Year 1 - naming key parts of the human body
- Year 2 - learning about the human lifecycle and discussing stages of human life (baby, toddler, child, teenager, adult)
- Year 5 - reproduction of plants and animals, including sexual reproduction in animals.
- Year 5 - Describe changes as humans develop to old age. Find out about changes in puberty and compare gestation periods of different animals to human baby gestation times.

Vocabulary

- We will teach the children the correct technical or scientific vocabulary.
- Children are given the opportunity to share colloquial vocabulary but the correct terminology will be used in teaching.
- Key vocabulary for each year group is in our policy.

DfE Review

- The government are carrying out a review of Relationships, Health & Sex Education.
- The proposed changes include:
 - Not teaching any sex education until the age of 9
 - Being transparent with parents - sharing what is being taught and allowing parents to view resources.
 - Explaining that the term 'gender identity' is contested and should not be taught explicitly. Teachers can answer questions if they are asked and it is appropriate to answer.

Our Policy

- Expands on everything included today.
- Covers everything that we are required to do, including the proposed changes by the DfE.
- Will be on our website.

Parents' rights and responsibilities

- Support the teaching by knowing what your child is learning.
- Be ready to answer questions but know what school is teaching so you can relate your answer to what they are learning.
- Use correct and appropriate vocabulary.
- Understand online technology and set clear parental controls and boundaries.
- Be open with your child – don't refuse to speak about things but make sure it is age-appropriate.

Parents' rights and responsibilities

Can I withdraw my child from any of this curriculum?

- The only element that parents can request their child does not take part in, is the Year 6 Sex Education Unit as this is not statutory for primary school children.
- Requests to withdraw must be made in writing to the Head of School and then discussed to ascertain reasons why.

How do I request to see resources?

- Speak to your child's teacher. Resources may change from teacher to teacher and year on year so we can't publish them on the website.

Any questions?

