

Millhouse News

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Thank you for your patience this week whilst we get Google Classroom up and running for everyone. We sent out login details before Christmas, have reset many passwords this week and have given out our first batch of devices so hopefully this means most children are able to login now. If your child is having trouble logging in, please speak to your child's teacher or email their year group to let them know. We will be working on identifying any more families who may benefit from a device loan next week. Please remember that if your child has an Xbox or PlayStation then they can access Google Classroom through this (details were sent out last week).

Home Learning

The British Library has developed a range of activities linked to different books. It is well worth a look. Follow this link to find out more: <https://www.bl.uk/childrens-books>

Increased Data Usage

A reminder that parents may be able to receive increased mobile data allowance or free WiFi. See the picture below and contact your provider to see if they can support you.

| 📱 Mobile Network Offers for Students 📱 | | | |
|--|--|--|--------|
| MOBILE NETWORK | WHAT IS THE OFFER? | WHO CAN APPLY? | |
| | O2 are offering 40GB of data per month for students until 31 July 2021 | Pay Monthly customers Pay-as-you-go customers | ✓ ✓ |
| | EE are offering 60,000 students 20GB of additional data per month until 31 July 2021 | Pay Monthly customers Pay-as-you-go customers | ✓ ✓ |
| | Three are offering students unlimited data until 31 July 2021 | Pay Monthly customers Pay-as-you-go customers | ✓ ✓ |
| | Sky Mobile are offering 1,800 students 100GB of additional data per month | Pay Monthly customers Pay-as-you-go customers | ✓ ✗ |
| | Tesco Mobile are offering 1,000 students 20GB of additional data per month until 31 July 2021 | Pay Monthly customers Pay-as-you-go customers | ✓ ✗ |
| | Smarty are offering students unlimited data until 31 July 2021 | Pay Monthly customers Pay-as-you-go customers | ✓ ✓ |
| | Vodafone are offering students 350,000 SIM cards that provide 30GB of data | Pay Monthly customers Pay-as-you-go customers | ✓ ✓ |
| | Virgin Mobile are offering students 20GB of additional data per month until 31 July 2021 | Pay Monthly customers Pay-as-you-go customers | ✓ ✗ |
| | Giffgaff are not currently offering any additional support to students | | ✗ |
| | Lycamobile are not currently offering any additional support to students | | ✗ |
| | Asda mobile are not currently offering any additional support to students | | ✗ |
| | Lebara mobile are not currently offering any additional support to students. | | ✗ |
| | PlusNet are not currently offering additional data to students but they are zero rating BBC bitesize for all customers | | ✗ |

How to upload work onto Google Classroom

Uploading work to Google Classroom using the free app on your phone or tablet

Open the app

Select the classroom you want

Click the middle icon at the bottom that says classwork

Select the folder that you want to upload work to

When you are ready to upload the work, go back and find the folder you want to upload to

Click the grey upwards facing arrow at the bottom

Add attachment

Either choose pick photo (if you already have taken a photo) or use camera (if you want to take a photo now)

Once you have uploaded it, you may have to reopen it for it to recognise that work is uploaded

Click the dark grey 'hand in' option

Uploading work to Google Classroom using a laptop, computer or Internet browser

Log in to Google Classroom through Google Chrome

Select the classroom you want

Click the middle icon at the bottom that says classwork

Select the folder that you want to upload work to

Click view assignment for the work you want to upload

When you are ready to upload the work, click add or create on the right hand side

Click file and then browse

Find the file you want to upload and you should then see it attaching in the right hand corner of the page

Click Turn in on the right hand side

Wellbeing & Support

As part of our wellbeing and safeguarding protocols, we will be checking in with all children during this lockdown period. This will be either through a Google Classroom live session, phone call or email from a member of their class or year group team or contact from our pastoral or Inclusion teams. Please note that as most staff are working from home, phone calls will be from withheld numbers. If staff are unable to make contact with a child, this will be reported to our safeguarding team who will follow up with a letter or home visit.

Making home-schooling and lockdown days better...

It can be difficult to maintain motivation during this time. With no school or work to give us structure and purpose our days can appear to merge into one and children can think it is just an extended holiday. This can all lead to our mental health and wellbeing suffering. Below are some tips to make the days better:

- On school / work days, get up at the same time and follow the same routine as you would if you were going to school / work.
- Have breakfast every day and get dressed before starting any work.
- Check each day what school work needs doing and set a time for doing it. Try to keep the same time each day.
- Check whether this is work that your child can do on their own or if they will need your help.
- If there is more than one child in the family who is remote learning, organise any support they need so that each one can have some of your time.
- Check the days / times of any live sessions your child has and make sure each child can access them.
- If children are sharing devices, organise their work times so that when one child is online, the other can be completing some paper-based work or similar. It may be that siblings work at different times e.g. one in the morning and one in the afternoon.
- Plan in when break and lunchtimes will be and make sure your child does take a break from work and screens during these times.
- Plan in time for some exercise. This may be going out for a walk or bike ride as a family or just spending 15 minutes doing a physical activity indoors or in the garden.
- Drink plenty of water during the day and have healthy snacks available.
- When work is finished, pack everything away so that your child knows 'school' is finished.
- Make sure your child goes to bed early enough so that they get the right number of hours sleep and turn off all screens 1 hour before bedtime so that melatonin (sleep hormone) levels rise and help your child to sleep better. For primary aged children, the recommended hours of sleep per night is around 9 or 10. Younger children require more.