

Millhouse Primary School & Nursery

Tavistock Road

Laindon

Essex

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18th July 2025

Dear Parents / Carers,

Re: Information for September

To help you and your child prepare for the new term in September we have put together some useful reminders and expectations and have also attached a checklist which some might find useful.

School Uniform

We expect all children to be wearing the correct school uniform every day. This is because we believe that children who take pride in their appearance will have more self-belief and confidence and it ensures the children feel they belong to our school community. Please help us by making sure your child has the correct school uniform for their year group / key stage and that all items are clearly labelled with the child's name. Also, please note that children from Year 3 onwards should wear a white shirt and a school tie and not a polo shirt.

Our uniform policy can be found on our school website [Uniform Policy](#).

Jewellery

Children must only wear small stud earrings and a small watch (not a smart watch) to school. Other jewellery is not appropriate for school and we would not want children to lose or break something precious or valuable. All jewellery must be removed for PE lessons (cannot be taped up).

Snacks and Water Bottles

Staying hydrated is important and helps children's brains work better! Please provide your child with a water bottle that can be refilled and washed each day.

Bottles should be no larger than 750ml (we don't have space to store anything larger) and must have your child's name labelled clearly. We kindly ask that only water is in them as anything else attracts insects into the classroom. Children can refill their bottles at school.

Snacks form part of a healthy diet as it can be a long time between breakfast and lunch for the children. Key Stage 1, Reception have fruit or vegetable snacks provided by the school (through the DfE funding scheme). We ask that children in Key Stage 2 bring in a healthy snack to eat at break time. Examples include: fruit or vegetables, cheese, bread sticks, rice cakes or a healthier cereal bar. Please **do not** send your child to school with cakes, chocolate bars/biscuits or crisps as we want to encourage and teach the children about healthy eating options.

PE Lessons / PE Kits

The children will take part in 2 PE lessons every week. Children should come to school wearing their PE kits on their PE days only. Our PE Kit expectations are set out in our uniform policy and **do not** include sports / football kits.

Children who attend sports clubs after school or are sports leaders must wear school uniform and bring their PE kits to change into.

Inspiring tomorrow's generation, today.

School Times & Attendance

School starts at the following times:

Nursery: 8:30am / 12:20pm

Reception, Year 1 & Year 2: 8:40am

Years 3, 4, 5 & 6: 8:45am

Teachers will open the doors 5 minutes before, and children must be in their classrooms ready to learn by these times. Children who are late to school will miss important learning.

If your child is too unwell to attend school, please use the Studybug app to report their absence. If you are unsure if your child should be in school, please see the useful guide on our website: [Childhood illness and School Attendance Guide](#).

School Website

Our school website is where all our key policies, information and procedures are available. Homework, curriculum information and news stories are also posted and regularly updated. Visit www.millhouse.essex.sch.uk

Mobile Phones

Children do not need mobile phones in school and must not use them in school or on school grounds. If your child brings a mobile phone to school for safety reasons, it must be placed in the class phone box and stored in the office. Children seen with a mobile phone in school may have it confiscated, and parents will need to collect it from the school office.

Medications

If your child has an asthma pump, auto-injector or other medication in school, this will be sent home with them on the last day of term. Please make sure you check any expiry dates and that any medications are brought back into school on the first day back in September.

We thank you for your cooperation and support.

Yours sincerely,



Mrs J Haken
Head of School