

Year 3 Homework Menu: Summer 1st Half Term

This half term we are learning about Flesh and Bones and Italy.

**How to keep your brain healthy:
Your 5 a day homework tasks**

Every day:

- 5 minutes spelling
- 5 minutes times tables practice
- 5 minutes (or more) reading
- 5 minutes discussing what you've read
- 5 minutes chat about what you have learnt that day

(Spelling lists and times table resources are on the school website)

Pick 'n' mix

Choose 3 items from the sweets below to be handed in by **Monday 18th May** or as soon as you have finished it. Well-presented homework will be displayed around our school and children that have completed 3 items will receive a special homework certificate!

Keep a food diary over a weekend. Record the nutrients you have eaten. Was it a balanced diet?

Design a new fitness activity for the class to try out.

Make a skeleton from recycled materials.

Think of 5 different activities you could carry out and time how long they take you to complete. Present your findings in a bar chart.

Complete this story: "AHHH!" screamed Henry. He woke up to find all of his joints were stuck. He could only move like a rigid penguin. How was he going to get down stairs?

Help to prepare and cook an Italian meal. Take a photo of it and/or write a recipe to bring into school.

Extra treats...

You could visit:

Science Museum
An Italian restaurant

You could watch:

Funny Bones

You could use these websites:

<http://kidshealth.org/en/kids/bones.html>

<http://interactivesites.weebly.com/bones.html>

<http://www.bbc.co.uk/science/humanbody/body/index.shtml>